



UNIVERSITY OF SOUTH ALABAMA
COASTAL RESOURCE
AND RESILIENCY CENTER

Coastal Resource and Resiliency Center **Advanced Training in Chronic Disease Management** **Mobile, AL, September 24 - 29, 2017**

Training Opportunity Announcement

The Coastal Resource and Resiliency Center is seeking candidates to train in Advanced Chronic Disease Management.

This 36-hour training includes in-depth coverage of the following chronic diseases and conditions: Arthritis, Asthma, COPD, Cancer, Diabetes, HIV/AIDS, Heart Disease, Hypertension, Mental & Behavioral Health, and Stroke, as well as CPR and Basic First Aid. Chronic disease modules are organized according to the following rubric: 1) Facts and Prevalence; 2) General Definitions; 3) Variations; 4) Risk Factors; 5) Potential for Prevention; 6) Typical Symptoms; 7) Diagnosis; 8) Prognosis and Complications; 9) Medications and Treatment; 10) Special Needs; 11) Considerations for Lay Health Workers.

Advanced training in Chronic Disease Management will help lay health workers assist patients in:

- Building self-awareness and a basic understanding of their chronic diseases;
- Recognizing the importance of changing behaviors as a way of avoiding disease, minimizing the impact of disease, improving quality of life, and maximizing the effectiveness of scarce healthcare resources;
- Providing encouragement to seek preventative care and get appropriate screenings;
- Instilling the motivation to effectively self-manage their chronic diseases;
- Improving communications with healthcare providers to obtain referrals for diagnosis and treatment, comply with medical recommendations, and pursue appropriate follow-up treatment and testing.

Interested? *Applications must be submitted no later than **August 25, 2017.***
Applications available at: <http://www.coastalresourcecenter.org>

Successful applicants will attend a 5-day training session to be held September 24 - 29, 2017, at the Mobile Marriott. Lodging and training costs are paid by the Coastal Resource and Resiliency Center. Trainees will also receive a stipend to cover travel and meal expenses, as well as a modest scholarship.

As part of the application process, you will be required to provide:

- 1) A completed application form;
- 2) A legible photocopy of your driver's license.

For more information, contact Selena McCord, Program Specialist for the Coastal Resource and Resiliency Center, at (251) 461-1733 or scoleman@southalabama.edu.

The Coastal Resource and Resiliency Center is a division of the University of South Alabama, providing lay health worker training services under the auspices of the Gulf Region Health Outreach Project and the Baton Rouge Area Foundation. Offices are located at 650 Clinic Dr., Suite 2500, Mobile, AL 36688; 251-461-1717.